



NEW & IMPROVED SPRING HOCKEY

Tired of the same old Spring Hockey?

So are we! So we're changing things to make it more fun & exciting for the kids and their families. Sign up for a Spring Program filled with:

- **Skills Competitions** NEW
- **Skills Challenges** NEW
- **3-on-3 Games** NEW
- **Team Practices**
- **League Games**
- **Local Tournaments**
- **Professional Goalie Instruction**
- **7 FREE Summer Skates!**
- **plus ... an end-of-season 3-on-3 Tournament** NEW

The Mite, Squirt & PeeWee program will consist of:

- 10 ice slots consisting of team practices, 3-on-3's, skills competitions & challenges
- 8 games in the North Shore Spring League
- 1 Local Tournament
- 7 summer skates
- Checking clinic included for PeeWees
- An end-of-season 3-on-3 tournament

The Bantam & Midget program will consist of:

- 14 ice slots consisting of team practices, 3-on-3's, skills competitions & challenges
- 2 Local Tournaments
- 7 summer skates
- An end-of-season 3-on-3 tournament

SPRING 2010 TRYOUT SCHEDULE

Oakton Ice Arena 2800 West Oakton Park Ridge, Illinois	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	March 8, 2010	March 9, 2010	March 10, 2010	March 11, 2010
MITE	6:30 PM		5:50 PM	
SQUIRT	7:40 PM		7:00 PM	
PEEWEE		7:20 PM		7:20 PM
BANTAM		8:30 PM		8:30 PM
MIDGET	8:50 PM		8:10 PM	

PLAYER FEES: \$450.00

GOALTENDERS: \$100.00



SUMMER SKATES

Wednesday Nights July 7 – August 18, 2010

MITES.....	5:50 PM - 6:50 PM
SQUIRTS.....	7:00 PM - 8:00 PM
PEEWEEES & BANTAMS.....	8:10 PM - 9:20 PM
MIDGETS MINOR & MAJOR.....	9:30 PM - 10:30 PM

For the most up-to-date information please visit the Express website at:

www.NorthernExpressHockey.org

or call Jimmy Wright at (773) 616-7840 or email: NorthernExpressHockey@yahoo.com